

WHAT OUR CHICAS DINÁMICAS HAVE TO SAY:

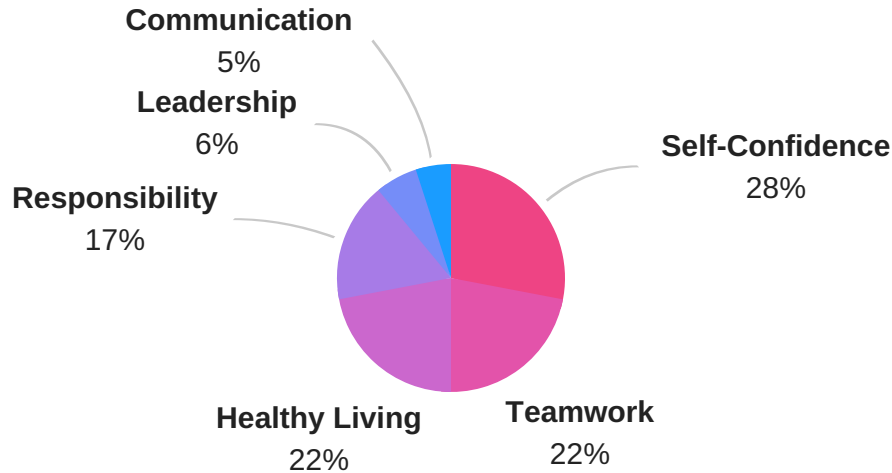
"The most important thing I learned from class is that life is not a competition, but instead meant for collaboration."

"Chicas Dinámicas gives me a feeling of being free and relaxed."

"[The most important thing I have learned] is that we are strong and brave."

"We learn to work through our problems and to talk and communicate with one another."

MOST IMPORTANT THING LEARNED



**"CHICAS DINÁMICAS HELPS ME FIND SOLUTIONS TO THINGS THAT I CANNOT DO. I TELL MYSELF YES I CAN, YES I CAN. AND THIS HELPS ME DO IT."
- GSW PARTICIPANT**

2017 FINDINGS

- Praise and recognition, even for seemingly small feats, increase life skills including self-confidence and communication
- Parents and Directors are worried about the safety of their children, which prevents some girls from participating
- At some schools, community members are disrespectful or disruptive on the court
- The local communities are not always aware of the Chicas Dinámicas program perhaps because of GSW's English-only online presence
- Participants want to meet Chicas Dinámicas from other schools
- Some girls do not always feel supported by their companions in class and do not feel included by older girls
- Enforcing class rules while fostering a playful environment makes class a fun and respectful space

2018 ACTIONS

- Recognize individual achievements and highlight different students' accomplishments at the end of class
- Meet with the parents and school directors at the beginning of the year and invite parents to participate in activities to build trust and get them involved
- Have conversations with court owners and local municipality to gain support
- Improve marketing on the ground in Cusco (t-shirts, Spanish web pages, etc.) and hold community-wide events to spread the word about GSW and allow Chicas Dinámicas to meet one another
- Teach more foundational lessons about teamwork and encourage returning girls to step up as role-models and helpers for younger students
- Enforce physical requirements and class rules, and always start class with a fun game to warm up

**"CHICAS DINÁMICAS IS A PROGRAM...THAT MOTIVATES THE GIRLS. A PROGRAM THAT TEACHES THE GIRLS ABOUT LEADERSHIP, TO TAKE ON MAIN ROLES, TO BE INDEPENDENT. IT HELPS A LOT IN THE FORMING OF THEIR PERSONALITY AND ALL THIS THROUGH SPORTS."
-SCHOOL DIRECTOR**

Please contact us with questions, comments, or ideas!

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